



**Giving Machines Denver** 

Family Lesson Kit

# **FAMILY LESSON KIT**

This kit includes the following:



Learning Goals



Abundance Inventory



Change for Change



Action Planning

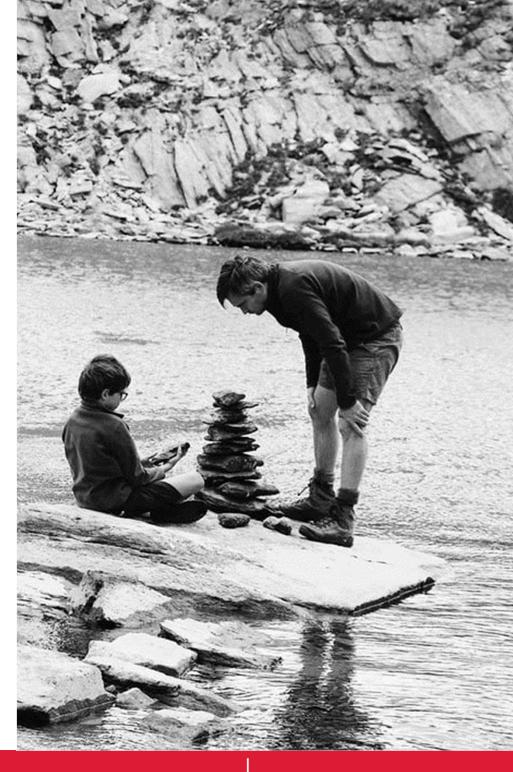


### **LEARNING GOALS**

The activities in this kit are intended to help promote conversation, consideration, and action with your family.

- 1. Think About Personal Experiences
- 2. Encourage Self Awareness
- 3. Promote Awareness of Others
- 4. Connect your Resources with Others' Needs

Choose whichever activities suit your family best. Make up some of your own! The sky's the limit - and so are the opportunities to give.



#### **VENDING MACHINE VS. GIVING MACHINE**

Do you ever buy treats from a **vending machine**? What do you like to get? How much does it cost? Who pays for it? A giving machine works just like a vending machine. The big difference is that instead of buying something for yourself, you're buying something for a person in need. Check out the website of the Light the World Giving Machines in Denver. www.GivingMachinesDenver.com What kinds of things can you buy for others? Make a list of your favorites.





## **ABUNDANCE INVENTORY**

In this activity, you and your family get to go on a scavenger hunt - in your own home! Use the Giving Machines menu online to find the same items for those in need.

# Make a list. What fruit do you have available right now?

Through the Giving Machines, how many people in food deserts can one donation impact?

**Q** What is a food desert? Google it to find out!

#### How many blankets do you have?

Do you love blankets? They keep us warm, we can cuddle on the couch for movie night, and even use them for building forts with our brothers and sisters. Where do you keep your blankets? How many do you have?

People experiencing homelessness may only have the number of blankets they can carry with them.

What options for staying warm are available through the Giving Machine?

### How many books do you have?

Where do you keep your books? How many books do you have?

What options at the Giving Machines supply a book (or books) to a child in need? Did you find more than one option?



#### **ABUNDANCE ACTIVITY**

Essentials are our very basic needs. Try this activity about hygiene essentials with young children. Cross off each one when you're done.



Stand up if you have a toothbrush



Spin in a circle if you have toothpaste



Clap 3 times if you have shampoo



Jump up and down if you have a baby brother or sister with diapers.



#### **CHANGE FOR CHANGE**

Set up a change jar in your family. Throughout the weeks before you visit the Giving Machines in Denver, see how much you can fill your jar with change. Watch it grow!

#### Have a family contest:

- Guess how much you've saved in your change jar.
- Who got closest to the actual amount?

#### What difference does our change make?

You do the math!

You sell lemonade in front of your home. It costs 50 cents a cup. You sell 9 cups. How much have you earned?

Your mom takes you out for ice cream. It cost \$2.34. She pays three dollars. What is her change?

You and your dad go through the car wash. He gives you permission to collect all the coins you find as you help vacuum. You find 13 pennies, 4 nickels, a dime, and 3 quarters. How much total change did you collect?

What items can you give through the Giving Machine that cost \$20.00 or less?



### **CONNECT & ACT**

What ideas did you have while completing this kit?

Pick one idea and follow through with it!

Set a date with your family to go to the Giving Machines.

#### Our family is going to the Giving Machines on:

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Invite a friend and go again!

In what way can you encourage your community, your school, or your place of worship to be involved?

